



## InSpire Weekly News & Updates

January 26, 2022 / Issue 108

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### **Sunday Morning**

Join us for worship online and in person. View the Zoom [link](#) and Sunday's service order [here](#).

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### **CCT Masking Policy**

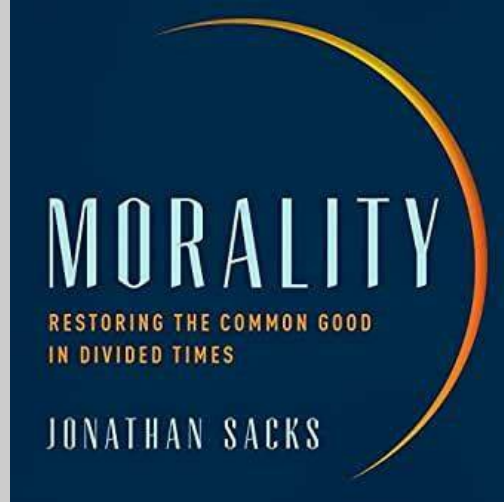
Mask wearing in the Meetinghouse is now voluntary. We also want to emphasize that participants in

worship may choose to mask at any time.

As we are now at the start of cold and flu season, if you have a cough or are feeling under the weather we hope you to take advantage of our worship on Zoom or Community TV.

We encourage all individuals to stay current with COVID vaccinations and booster shots, get a flu vaccine, stay home when ill, and seek testing if you have COVID symptoms.

Sincerely,  
Board of Deacons



*"Morality: Restoring the Common Good in Divided Times".*

-a book by Rabbi Jonathan Sacks

Jackie Cassidy will be hosting a Zoom book discussion on MORALITY according to the most convenient times interested folks would prefer to attend for approximately 1-1 1/2 hour sessions, twice per month.

Jackie would also like to offer 'daytime' meetings, as only Monday or Friday evenings will work for her. In order to organize a schedule, please email or call Jackie to express your interest and preferences--what would be the most desirable times to meet. After your input: day of week, times of the day and a schedule will be worked out.

Learn more about this book [here](#).

Hope to have you join!  
Jackie Cassidy  
[jacassiday@comcast.net](mailto:jacassiday@comcast.net)  
978-852-4567



### Photographer Needed!

We are in immediate need of someone to take photographs of the meetinghouse for our grant application for funds to replace the roof. Need both exterior and interior shots as well as the current roof from all angles. A drone camera would be particularly useful for the roof shots. The application must be in by March 17th so time is of the essence.

If you can take these photos, please let Kim Love know at:  
[kimlove@topsfieldchurch.org](mailto:kimlove@topsfieldchurch.org)  
and we will set a time to do the work.

Thank you!



### NEW COVID-19 TREATMENT HOTLINE:

Tested positive for COVID-19? Telehealth is a quick and free way to see if you're eligible for COVID-19 treatment. You can access telehealth services by calling 833-273-6330 or by completing an online assessment at [mass.gov/CovidTelehealth](https://mass.gov/CovidTelehealth). Clinicians are available every day from 8:00 AM to 10:00 PM EST. This service is not for medical emergencies or those who have severe chest pain or shortness of breath. Learn more [here](#).

### Recipe of the Week: Country Garden Soup

Submitted by: Barbara Merriman

## Coffee Hour

Mark your calendars for our upcoming Coffee Hours that take place after Sunday worship service in the Emerson Center Fellowship Hall:

- 1/29- Annual Mtg, no coffee hour
- 2/5- Meg Moran & Cathy Imboden
- 2/12- Nicole & Beryl Bloor
- 2/19- Jane & Bruce Jones
- 2/26- Amanda & Tony Rogers

Thank you to our Coffee Hour Host volunteers!!

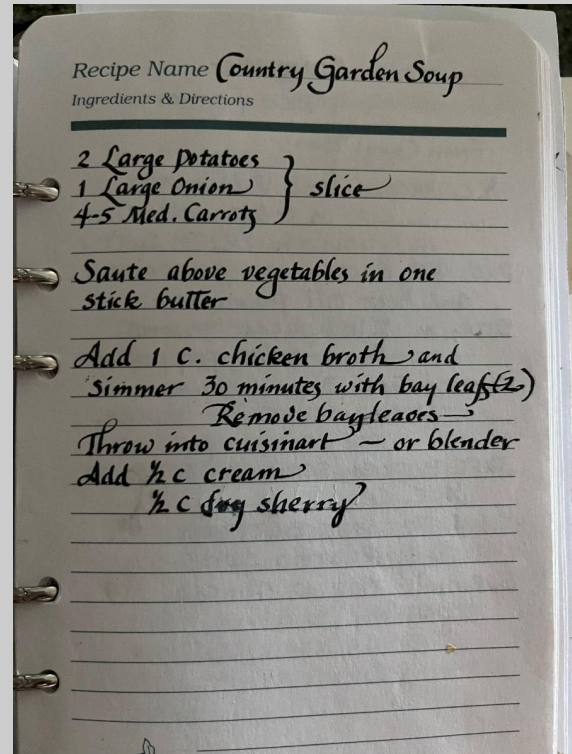


In response to the desperate need for mental health crisis help, and the national 988 crisis number roll out, Massachusetts state and local agencies are working to develop Community Behavioral Health Centers (CBHC) to meet this need.

NAMI Greater North Shore invites you to learn about this important local resource:

Want to learn more about Eliot's new Community Behavioral Health Centers?

Join us on Thursday, January 26th from 6:00-7:15pm via Zoom  
Aaron Katz, VP of Behavioral Health Services at Eliot Community Human Services, and key program staff, will provide everything you need to know about Eliot's two new Community Behavioral Health Centers (CBHCs) in Lynn and Danvers. This new model of behavioral health care expands local access to routine, urgent, and crisis treatment for mental health conditions and substance use disorders. CBHCs play a key role in making services more available, accessible, equitable, as well as



Thank you, to Barbara Merriman, for sending in this recipe!  
Please read below about her special backstory that comes along with this recipe.

"When I put my two infant daughters down for their nap, I found an amusing cooking show on TV - back in the 70's - called "The Galloping Gourmet."  
This soup was a recipe I tried because he said it was easy (it is) and it's made with stuff you have in your pantry - or should have!"

-Barbara Merriman

provide access to treatment in one's own community.

*In this presentation you will learn about:*

- *Services provided by CBHCs*
- *Location and community information*
- *Referral information and how to access services*
- *Community outreach to increase awareness of CBHCs*

There will be Q&A session following the presentation.

Spanish interpretation will be made available to anyone who needs it.

The session will be recorded. All registrants will receive a link to the recording following the session.

The link will also be made available on the Eliot website.

<https://www.eliotchs.org/services/>

Register [here](#).

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An invitation from our friends at Tri-Town Council...

Click on poster below to register.



The poster features logos for Tri-Town Council, The Coalition, and YAAB. The main text reads: "Join us for a Community Conversation Thursday, January 26th 7 - 9PM Masconomet Small Cafeteria All Tri-Town Kids are our Kids! Healthy Kids = Healthy Communities". Below this, it says: "Come listen to our Youth Action Advisory Board (YAAB) and Coalition members as they present the 2021 Youth Risk Behavior Survey (YRBS) and the 2022 Adult Perception Survey results. Together, let's use the data to dig deep into conversation around youth substance use and non-use, perceptions and norms, youth mental & physical health, well-being, and protective factors." An image shows a group of diverse people with their arms around each other. At the bottom, it says: "All caring adults welcome! No matter your role in the community -- parent, caregiver, teacher, neighbor, town leader, business owner -- you ALL matter in the lives of our youth! Together, let's explore actionable steps we, as a community, are taking and can take to support, encourage and empower our youth to make healthy decisions." A red button says "Register HERE" with a pencil icon. Below the button, it says: "or register @ tritowncouncil.org/events (Registration helpful but not necessary)". At the very bottom, there are social media icons for Facebook, Instagram, and Twitter, followed by the address "7 Grove St., Topsfield" and phone number "978.887.6512" and website "tritowncouncil.org".



We would love to hear from you about a favorite recipe of yours and maybe a story that goes with it!

If you would like to have one of your recipes highlighted in our newsletter, email Kim Love at:

[kimlove@topsfeldchurch.org](mailto:kimlove@topsfeldchurch.org)

Please include the recipe name, a backstory, (if there is one) ingredients, directions and a picture would be wonderful too!

Looking forward to receiving some delicious recipes!

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**Parish Care Ministry**

View the Prayer Listing [page](#) and January birthday [page](#).



**CCT Church Office**  
**Contact us.**

Link to Signboard request form [here](#) for events on the church calendar.



**SNEUCC-**  
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