



InSpire Weekly News & Updates

September 22, 2022 / Issue 90

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Sunday Morning
Join us for worship online

Come out and enjoy a fun afternoon
with one of our mission partners,



and in person. View the Zoom [link](#) and the service order for Sunday, September 25th [here](#).



Topsfield Fair 2022 Fair Booth Sign-Up Sheet

September is upon us, with October right on its heels. The Topsfield Fair runs from **September 30th – October 10th** this year, and as we have since time immemorial, we will be serving our turkey dinners.

If you have helped us in the past – thank you! If you have never worked in the booth – come out and give us a try. It's a fun time with some wonderful people! Start thinking about what you would be interested in doing – cooking, working the dining room, dishes, steam table, grill, cash register etc.

If you have any questions talk to one of the Fair Booth Committee Members: Rob Hardy (Chair), Joe Gibbons, Conny Griesshammer or Charlie Itz

Please follow this [link](#) to sign up online. Please note that some of the times for the various shifts have changed.

Thank you!

Happy First Day of Fall!

Beverly Bootstraps.

All activities are free, but bring along a few items to stock their food pantry. See flyer below.



30 YEARS COMMUNITY BLOCK PARTY

Saturday, September 24 • 1 – 5 pm
Beverly Bootstraps
35 Park Street • Beverly

This **FREE** block party will feature:

- Live Music
- Mini Golf
- Lawn Games
- Face Painting
- Scavenger Hunt
- 3pm Program & Cake Cutting
- Build Snack Bags
- Building Tours
- 30% OFF Thrift Shop
- and more!



Includes a beer garden sponsored by Gentile Brewing Company, Backbeat Brewing Company and the Franco-American Club!

View Top 10 Food Pantry donations needed and learn more >>



Beverly Bootstraps • 35 Park Street, Beverly, MA 01915
978-927-1561 • BeverlyBootstraps.org



Community Garden Update

Thank you to everyone in the community who made it possible to deliver more than **500 lbs of fresh produce** to 'Haven From Hunger' in Peabody!

Thanks to all who worked the compost into the soil, thank you to the planters, thank you to folks who watered and took care of the weeds, thanks to everyone who harvested and delivered and also thanks to people who left donations from their own gardens on our doorstep.

The garden is still producing after the much needed rain and we will have one or two more deliveries to Peabody in the Fall.



Conny Griesshammer

Try this Fall dish:
Apple Cider Pork Chops

Recipe from "Taste of Home" website



Masking Update as of
9/15/2022

The Board of Deacons met this week to consider the masking policy during worship in the Meeting House.

We have decided to continue the current policy that church and choir members wear masks while singing hymns, the anthem, and doxology. While there continues to be an improvement in health and safety as the result of vaccines and booster shots, the risks created while singing are too great to revise the policy.

We are also mindful of the importance of ventilation, and we will be examining, along with the Trustees Board, ways to improve ventilation and air circulation, particularly during the winter when doors will need to be closed.

We will continue to monitor this policy, and welcome input and feedback from our staff and church members.

Board of Deacons

Ingredients:

- 2 tablespoons olive oil
- 6 boneless pork loin chops (6 to 8 ounces each), about 3/4 inch thick
- 1 garlic clove, minced
- 1 tablespoon Dijon mustard
- 1 teaspoon honey
- 1/2 teaspoon apple pie spice
- 1/2 teaspoon coarsely ground pepper
- 1/4 teaspoon dried thyme
- 1/4 teaspoon salt
- 1 cup apple cider
- 1 tablespoon plus 1 teaspoon cornstarch
- 2 tablespoons water
- Minced fresh parsley

Directions:

1. In a large skillet, heat olive oil over medium heat. Brown pork chops on both sides.
2. Meanwhile, in a small bowl, combine next 7 ingredients; stir in apple cider. Pour over pork chops.
3. Reduce heat to medium-low; cook, covered, until a thermometer inserted into chops reads 145°, 4-5 minutes.
4. Remove chops from skillet; let stand for 5 minutes.
5. In a small bowl, mix cornstarch and water until smooth; stir into cider mixture in skillet. Return to a boil,



Hello everyone,

As some of you may have heard, **Amanda Rogers** is homebound after falling down concrete stairs from moving heavy items and now has a broken tailbone.

We have put together an online "**Meal Train**" with dates listed where people can sign-up online to help bring meals to the Rogers family.

What is a Meal Train?

A meal train is an online system where a network of family members friends or members of a community band together to schedule, prepare, and deliver meals for somebody who needs a little extra help during a difficult time.

On the Meal Train link, you will find details such as:

- Meals to be provided
- Delivery times and directions
- Who is responsible for each meal
- What each meal is
- Food restrictions

Please see the link below if you are able to help out.

<https://mealtrain.com/08d5q9>

Thank you!

- stirring constantly; cook and stir until thickened, 1–2 minutes.
6. Pour over chops; sprinkle with fresh parsley.
 7. Feel free to serve with egg noodles.

Enjoy!



September 21st–23rd Fall White Goods and Metal Collection

Topsfield Residents
2022 White Goods/Metals
curbside collection will be held
on September 21, 22 and 23,
2022 during trash pick-up
days.

- Items must be on resident curbside before 7am; no stickers needed.
- Metal goods must contain at least 80% metal and be no longer than 6 feet.
- No refrigerators, freezers, air conditioners or anything that contains coolant or Freon.
- Gasoline powered items must have gas and oil removed.

Topsfield Fair

Save the date!

The Topsfield Fair returns **September 30th - October 10th**. Be sure to mark your calendars!

Friday, September 30th - Topsfield Residents FREE from 4-10pm. CORRECTION: tickets can be picked up at the Fairgrounds.

Monday, October 3rd - Senior Discount Day
\$10 admission and purchased at the entrance on that day.



Parish Care Ministry
View the Prayer listing [page](#) and
September birthday [page](#).



CCT Church Office
[Contact us.](#)

Link to Signboard request
form [here](#) for events on the
church calendar.

SNEUCC–

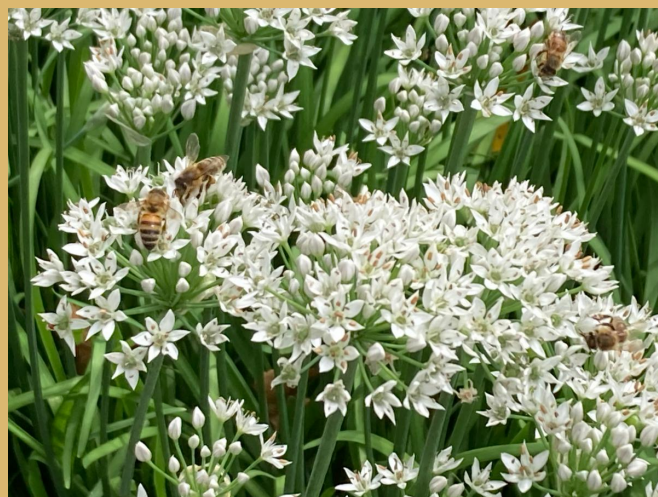


Coffee Hour Returns!

Mark your calendars for our
upcoming Coffee Hours that take
place
after Sunday worship service in the
Emerson Center Fellowship Hall:

9/25- Nicole Bloor and Leslie Voss
10/2- Ellie Losee
10/9- Mark Warner
10/16- The Rogers Family
10/23- Barb and Jim Barnes
10/30/Potluck Sunday- The Miller
Family
11/6- Nancy Nelson
11/13- Kim and Charlie Itz

Thank you to our Coffee Hour
Host volunteers!!



The Bold Move To Transform Your Life: Three Simple Science-Based Steps To Move Boldly Through Change

Save the date!

Thursday, September 29, 2022
7:00pm-8:30pm EST
Virtual-Zoom

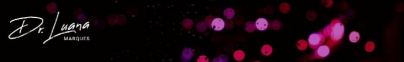
Click [here](#) to register and [here](#) to
read a brief biography about
Dr. Luna Marques.

The **Bold Move™ To Transform Your Life:
Three Simple Science-Based Steps to Move Boldly
Through Change**

Save the date!

**Thursday, September 29, 2022 7:00 – 8:30 pm EST
Virtual - Zoom**





The **Bold Move™ To Transform Your Life:
Three Simple Science-Based Steps to Move Boldly Through Change**

Have you been feeling stressed, anxious, or burned out? Have you been trying to figure out how to get back on track or adjust to another "new normal"? Do you have moments when you feel as though you are skating on thin ice? **The Bold Move**™ is a set of three science-based steps that will equip you to move through discomfort to reach your goals.

In an engaging and transformative presentation, Dr. Luana will walk through each step of **The Bold Move**™ sharing the insight she has gained from growing up in Brazil to leading a premier research lab as an Associate Professor at Harvard Medical School. By the end of this presentation, you will have the tools to feel less stressed, be more productive, and live boldly.

This keynote is ideal for individuals, professionals, and families:

- Struggling to be their best at work and at home
- Passionate about achieving their goals, but feel stuck, drained & stressed
- Searching for proven skills to navigate change

You will leave with:

- A new understanding of what fuels discomfort and keeps us from reaching our goals
- A personalized three-step action plan to move boldly toward your goals
- The knowledge and motivation to make your next bold move

DrLuana.com drluana@drluana.com @DrLuanaMorgans

The Congregational Church of Topsfield | 9 East Common Street, Topsfield, MA 01983

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