



The Congregational Church of Topsfield InSpire Weekly News & Updates

April 24, 2025 / Issue 224

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Visit our website



Sunday Morning

Join us for worship online and in person.

View the Zoom link for the Sunday Service [here](#)
Sunday's bulletin [here](#)



SCOUT YARD SALE – May 10th 8:30AM to 2:00PM

Topsfield Scout Troop 81 will have its annual Yard Sale and Plant & Shrub Sale on Saturday, May 10th on the Topsfield Common from 8:30AM to 2:00PM.

Donations will be accepted from Topsfield, Boxford and Middleton residents on Saturday, April 26 and Saturday, May 3 from 9:00AM – 2:00PM in the Emerson Center parking lot.



Sunday School Schedule Sunday, April 27th

(Pre-K–6th Grade)

Meet with Ms. Julie and Ms. Joyce in the Emerson Center Orange Sunday School Room.

Children will attend the Sunday service at 9:30am with their families and an

All items should be fully functional, cleaned, with no mold or mildew, and in saleable condition. Items accepted include kitchen goods, household items, cloth & apparel, furniture, sports equipment, toys, tools, and

announcement will be made to meet in the narthex (lobby).


All visitors are welcome to attend!



working together for kids



YOUTH MENTAL HEALTH FIRST AID



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

Join the more than **2.6 MILLION** First Aiders who have chosen to be the difference in their community.


Learn how to respond with the Mental Health First Aid Action Plan (ALGEE):

- 1 assess for risk of suicide or harm.
- 2 listen nonjudgmentally.
- 3 give reassurance and information.
- 4 encourage appropriate professional help.
- 5 encourage self-help and other support strategies.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

Scan the QR code to register or go to tritowncouncil.org/events



Questions? Contact Meredith Shaw at: mshaw@tritowncouncil.org

Register today for this FREE 2 day in-person training!*

DATE: April 29 - 30th (must attend both days)
TIME: 9 - 1PM
LOCATION: Trinity Episcopal Church, 124 River Rd. Topsfield
INSTRUCTORS: Windi Bowditch & Erin Clasby, Northshore Education Consortium

*Training qualifies for 8 PDP's through Northshore Education Consortium. Please note: Must attend both sessions to qualify for PDP's and to receive a Youth Mental Health First Aid training certificate.

Youth Mental Health First Aid training is generously funded by the Town of Boxford's Opioid Abatement Settlement and van Otterloo Family Foundation.



CCoT Spring Clean-Up Saturday, May 3rd!

A "Spring Clean-up Day" has been scheduled for **Saturday, May 3rd 9am-11am** rain or shine.

Grab your rakes and work gloves and join the members of Boy Scout Troop 81 to clean up the grounds of the Emerson Center.

Any questions and to sign up, please contact Susie Read at: buildingandgrounds@topsfeldchurch.org

books. Please note that **NO** particle board furniture, oversize or sleep sofas, mattresses, large appliances, gas grills or tanks, TVs/monitors, exercise machines, tires, car seats, encyclopedias/magazines, pillows, stuffed animals, or suitcases will be accepted.

For more info visit:
Troop81Topsfield.com or contact us at: troop81web@gmail.com.



Buildings and Grounds Update

- Over the last month, a boiler leak in the Emerson Center basement was repaired for \$850 and also an issue with the elevator was resolved.
- Spring gutter and catch basin drain cleaning will be performed soon with the help of our landscaping crew.



Coffee Fellowship

April 27: No Coffee Hour, April vacation

May 4: The Nulsen Family

May 11: Hosts Needed

May 18: Intergenerational Family Service, CCoT families will host

Coffee Fellowship Sign Ups Take on a New Look!

As promised, the Board of Community and Communications will be rolling out a new and improved method to allow for easy sign ups for coffee



Donate to Community Giving Tree to Honor or Remember a Special Mom this Mother's Day!

Mother's Day is Sunday, May 11th. Donate \$25 to Community Giving Tree and a personalized Mother's Day card will be sent to a special mother that you wish to honor. The proceeds will help provide diapers, clothing and baby supplies to moms in need in the North Shore area. Click [here](#) to order your card(s).



CCoT Easter Egg Hunt

This Easter, we had our first Easter Egg Hunt that took place in front of

hour. As we continue to try and build community, we appreciate everyone's help in chipping in to make coffee hour a meaningful time of connection for us all.

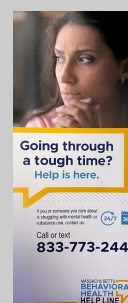
To access the sign up sheet, please use the following link: [Here](#)

As you can read in the description on the web page, you can sign up to host coffee/tea, snacks or both. Everyone is encouraged to sign up with a friend to make the load a bit easier. Please be specific in the comments of what you will bring for food. If you sign up, it's important to stay for clean up. Members of the Board of Community and Communications will be happy to offer individualized and/or group tutorials on the coffee maker, set up and clean up, including operating the dishwasher!

Please also note that there will be no coffee hour offered on select Sundays falling on holiday weekends.

Please consider signing up for a slot or two so that coffee hour and fellowship can continue!

Many thanks,
Members of the Board of Community and Communications



The Massachusetts Behavioral Health Help Line

Learn more [here](#)

Parish Care Ministry

View the Prayer Listing [page](#) and April birthday [page](#)

SNEUCC—
Southern New England

the Meetinghouse Church lawn.
It was wonderful to see everyone and
all the new faces taking part in this
special Day! There were over 300 eggs
found!

Thank you to all who participated!



Conference–UCC [page](#)



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The Congregational Church of Topsfield | 9 East Common Street | Topsfield, MA 01983 US

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